

# CHRISTMAS NIGHTGOWN TUTORIAL



BY ELISENDA LLAURADO



This is a Christmas nightgown tutorial your littles will love. Be sure to read the instructions all the way through before you start.

### PROJECT TIME:

Approximately 4-5 hours

### WHAT YOU WILL NEED

Sewing machine  
Drafting paper  
Sewing thread  
3 yards of stretch knit fabric  
1 yard of 1/2" bias tape  
About 1 yard of 3/4" wide of elastic  
Scissors  
Pins and safety pin  
Yarn (optional: for pompoms)







## SUGGESTED CUTTING LAYOUT

### TOP

1. TOP FRONT (Cut 1 on fold in center)
2. TOP BACK (Cut 2 pieces)
3. LOWER RUFFLE BODY (Cut 2 pieces on fold)
4. SLEEVE (Cut 2 pieces)
5. SLEEVE RUFFLE (Cut 2 pieces)

### PANTS

6. PANTS FRONT AND BACK (Cut 2 pieces)
7. LEG RUFFLE (Cut 2 pieces)

\*Follow centered arrows for grain direction.

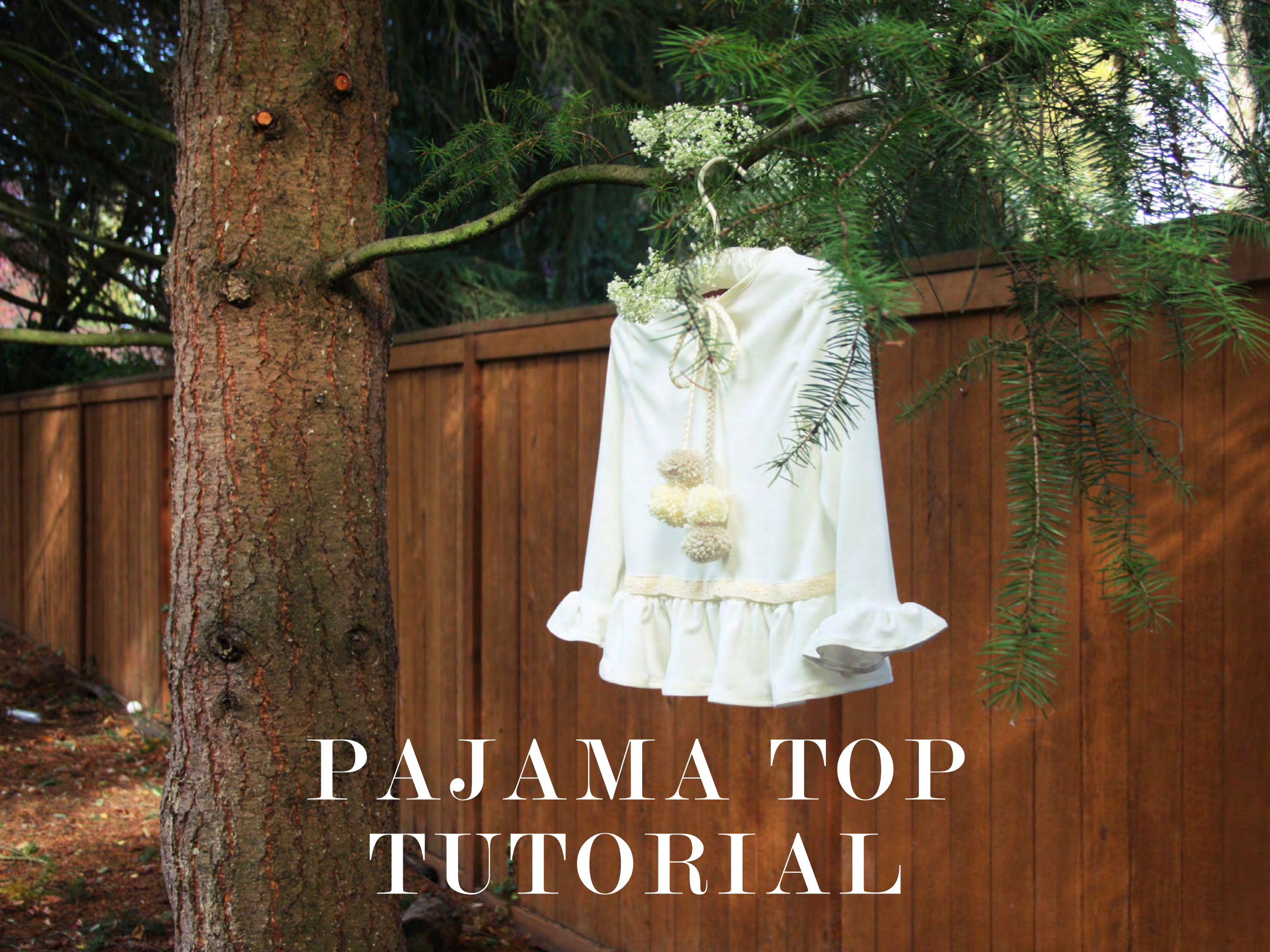
\*Cut on fold: pieces 1 and 3 (see arrows).

\*Seam allowance 5/8" unless noted.

Size Guide:

Featured garment is size 6.





# PAJAMA TOP TUTORIAL





## STEP ONE

Start getting both pieces 2 (top back) and with RIGHT sides together, stitch top back sections at  $5/8$ " from lower edge to about 3 and  $1/2$ " from the top. (See needle pinned horizontally for reference)

## STEP TWO

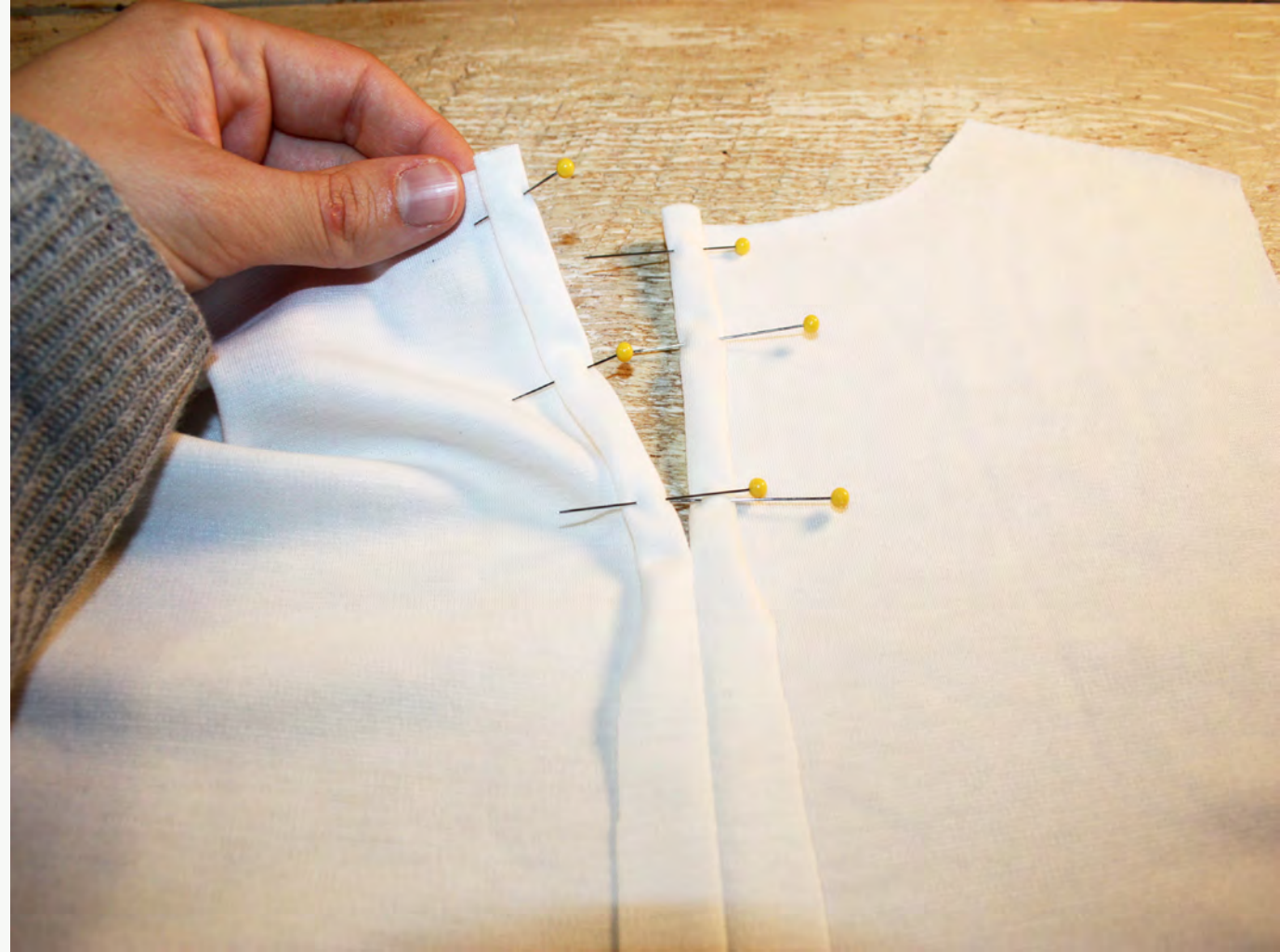
Press on back opening edges.





### STEP THREE

Press under  $\frac{5}{8}$ " on back opening edges. And then press under  $\frac{1}{4}$ " on raw edges. Pin it and it should look like this.



### STEP FOUR

Baste close to inner pressed edges, squaring stitches below opening.





## STEP FIVE

Get piece 1 and piece 2 and with RIGHT sides together, stitch top front to top back at shoulder seams and also top front to top back at side seams.

## STEP SIX

Cut a piece of fold bias tape the length of the neck edge plus 1/2".  
Pre-shape double fold bias tape to fit neck edge.





## STEP SEVEN

Encase neck edge turning under ends about 1/4".



## STEP EIGHT

Stitch binding close to ends.





## STEP NINE

Get pieces 5 (lower ruffle) and with right sides together stitch side seams at  $\frac{5}{8}$ " seam allowance.

## STEP TEN

Press up hem on lower edge of ruffle.  
Press under  $\frac{1}{4}$ " on raw edge and stitch close to inner pressed edge.

Tip: you can play with the different stitches, I used zigzag.





## STEP ELEVEN

After that, ease-stitch one of the top edges (stitch length about 4).  
Pull thread of both sides of the seam to ruffle it a little more.



## STEP TWELVE

With RIGHT sides together, pin ruffle to top, matching sides edges.





### **STEP THIRTEEN**

Stitch at 5/8'' seam allowance.

### **STEP FOURTEEN**

Turn it over and so far it should look like this.





## STEP FIFTEEN

Take pieces 5 (sleeve ruffle) and ease-stitch (stitch length 4) one of the edges and pull the thread both sides to create the ruffle.

(Same process as step eleven)



## STEP SIXTEEN

With RIGHT sides together, pin sleeve (piece 4) to ruffle.

Stitch at 5/8" seam allowance and repeat the same step with both sleeves.





## STEP SEVENTEEN

Pin sides of each sleeve and stitch.

## STEP EIGHTEEN

Press up hem on lower edge of ruffle.  
Press under 1/4" on raw edge and press  
close to inner pressed edge.  
Tip: you can play with the different  
stitches, I used zigzag stitching.





## STEP NINETEEN

Turn sleeve RIGHT side out.  
Hold garment WRONG side out with armhole toward you.

With RIGHT sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams.

Tip: after pinning both sides together, try to unfold the garment to check you pinned it correctly.



## STEP TWENTY

After you sewed both sleeves to the base of the garment, it should look like this.





## STEP TWENTY-ONE

Congratulations for getting this far, you are almost done with the top!

For the closing of the back, you can cut a piece of elastic cord about 1-1/2'' long and fold in half forming a loop and stitch in the inside part. Then sew a button.

I used pom-poms with a yarn string for the closing, but you could cut a piece of elastic cord 1-1/2'' (3.8cm) long. Fold in half forming a loop.

Note: If the purpose of this garment is for sleepwear, we recommend sewing a button.

## STEP TWENTY-TWO

This is optional, but you can add a little "touch" sewing lace or anything you'd like, around the ruffles.







# PAJAMA PANTS TUTORIAL





## STEP ONE

Take piece 6 (pants) and fold it in half with RIGHT sides together. Stitch side seams at  $5/8''$ .

Press open.

## STEP TWO

Get pieces 7 (pants's ruffles) and ease-stitch (stitching length 4) one of the edges and pull thread both sides to create the ruffle.





### STEP THREE

With RIGHT sides together, pin side edges of pant ruffle and stitch.



### STEP FOUR

With RIGHT sides together, pin ruffle to lower edge of pant matching seams. Stitch seam, then press seam up, pressing ruffle down.





## STEP FIVE

like we did with the sleeves and lower ruffle of top; press up hem on lower edge of ruffle.

Press under 1/4" on raw edge and stitch close to inner pressed edge.

Tip: you can play with the different stitches, I used zigzag.

## STEP SIX

After you completed steps one through four on both parts of the pants, we are going to sew both parts together. With RIGHT sides together, insert one pant leg INSIDE the other.





## STEP SEVEN

With RIGHT sides together, pin center seam, matching inner leg seams. Stitch. To reinforce seam, stitch again over first stitching.



## STEP EIGHT

Press about 1-3/8'' on upper edge to INSIDE, forming casing on the waist part of the pants.

Press under 3/8'' on raw edge.





## STEP NINE

Stitch close to lower edge of casing, leaving an opening to insert elastic.

## STEP TEN

Cut a piece of elastic to fit waist plus 1". Using a safety pin, now thread the elastic through case.

Overlap ends and hold with safety pin.





## STEP ELEVEN

Try on pants and adjust to fit.  
Then, stitch ends of elastic together securely.



## STEP TWELVE

Stitch opening closed and distribute fullness evenly.





## ABOUT THE AUTHOR

Originally from Spain, I am now living life and discovering my future in Washington State. I am an artist, children lover, a dreamer, and I love new adventures. I studied interior design in Barcelona. After I graduated, I came to the US as an AuPair/Exchange Student. I am now a full time student pursuing a degree in Multimedia and Production Design at Lake Washington Institute of Technology in Seattle. I am also a collaborator and graphic designer at Duchess and Lion, a Bay Area company that makes modern, ethically produced children's clothing. I am passionate about children, color composition, textures patterns and illustration. I have a deep love for photography as well and I use it to express my personality, to capture what I see in my everyday life and what I love. I love cultures and the different colors each country transmits. My dream is to make a difference in children's lives and make the world a better place for them. I believe small steps can make a huge difference in the world.

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